



# WELLNESS PILLOW



BABYBOX  
AND FAMILY

## WHEN TO USE

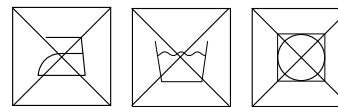
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Surround yourself with the soothing comfort of this grapeseed wellness pillow whenever you crave warmth or cooling relief. Indulge in coziness as this pillow transforms into a heating pad that helps to ease menstrual, neck, or back pain. Benefit from its supportive presence during childbirth and relish the refreshing coolness it provides on hot days.

## CARE INSTRUCTIONS

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Individual stains can be treated by dabbing them with a damp cloth. Since grape seeds are a natural product, discoloration may occur while washing. For this reason, washing your wellness pillow is not recommended.



## HOW TO USE

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### Heating in the Microwave:

We recommend heating the pillow gently at 600 watts, and checking the temperature after about 20 seconds.

### Heating in the oven:

Heat at around 120°C for about 1 minute. The wellness pillow must not be placed directly onto any heating surface- it is best to use a non-flammable container.

### Cooling in the Freezer:

Leave in the refrigerator for at least 60 minutes or in the freezer for 30 minutes.

### Important:

Always test the temperature by hand before use.

## WARNING

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In the microwave, make sure that the plate can rotate freely and watch for signs of overheating, as this can be a fire hazard. Children must not heat or use the wellness pillow without adult supervision. Caution: packaging and small parts must be kept out of the reach of children. The contents can be swallowed by small children and are a choking risk. The manufacturer and distributor are not liable for damage or consequences resulting from improper handling or negligence.

[www.babyboxfamily.com](http://www.babyboxfamily.com)

