WHEN TO USE

Whether you need warmth during breastfeeding or pumping, or cold to soothe swelling or clogged milk ducts, the nursing donut is perfect for your breastfeeding needs. The plush side warms and relaxes, and the smooth cotton side gently cools after only a short time in the freezer or refrigerator.

HOW TO USE

Heating in the microwave: We recommend heating the nursing donut gently at 600 watts, and checking the temperature after about 20 sec.

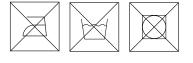
Heating in the oven: Heat at approximately 120°C for around 1 minute. The nursing donut must not be placed directly onto a heating surface – it is best to heat it in a non-flammable container.

Cooling in the freezer: Cool in the refrigerator for at least 60 minutes or in the freezer for 30 minutes.

Important: Before using either heat or cold, you should always test the temperature by hand before use.

CARE INSTRUCTIONS

Individual stains can be removed by dabbing them with a damp cloth. Since grape seeds are a natural product, discoloration may occur during washing. For this reason, we recommend not washing your nursing donut.



WARNING

In the microwave, make sure that the microwave plate can rotate freely. Watch out for overheating as this can be a fire hazard. Children must not heat or use the nursing donut without adult supervision. Caution: the packaging and small parts must be kept out of reach of children. The contents can be swallowed by small children and can be a choking hazard. The manufacturer and distributor are not liable for damage or any consequences resulting from improper handling or negligence.



NURSING

BABYBOX

